Statistics Report 09183, Melons, casaba, raw

Report Date: June 30, 2017 15:13 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points Std. Error		Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water 1	g	91.85	2		91.4	92.3				1	Analytical or derived from analytical		01/2003
Energy	kcal	28									Calculated or imputed		12/2006
Energy	kJ	118									Calculated or imputed		12/2006
Protein 1	g	1.11	2		0.99	1.24				1	Analytical or derived from analytical		01/2003
Total lipid (fat)	g	0.10	1								Analytical or derived from analytical		01/2003
Ash 1	g	0.36	2		0.36	0.36				1	Analytical or derived from analytical		01/2003
Carbohydrate, by difference	g	6.58									Calculated or imputed		12/2006
Fiber, total dietary $\frac{1}{2}$	g	0.9	2		0.9	0.9				1	Analytical or derived from analytical		01/2003
Sugars, total	g	5.69									Calculated or imputed		01/2003

Minerals

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Calcium, Ca 1	mg	11	2		9	12				1	Analytical or derived from analytical		01/2003
Iron, Fe 1	mg	0.34	2		0.28	0.39				1	Analytical or derived from analytical		01/2003
Magnesium, Mg 1	mg	11	2		9	12				1	Analytical or derived from analytical		01/2003
Phosphorus, P 1	mg	5	2		5	6				1	Analytical or derived from analytical		01/2003
Potassium, K 1	mg	182	2		171	193				1	Analytical or derived from analytical		01/2003
Sodium, Na 1	mg	9	2		5	13				1	Analytical or derived from analytical		01/2003
Zinc, Zn 1	mg	0.07	2		0.05	0.08				1	Analytical or derived from analytical		01/2003
Copper, Cu ¹	mg	0.060	2		0.04	0.08				1	Analytical or derived from analytical		01/2003
Manganese, Mn 1	mg	0.035	2		0.03	0.04				1	Analytical or derived from analytical		01/2003
Selenium, Se	μg	0.4									Calculated or imputed	09181	01/2003

Vitamins

Nutrient	Unit	Value Per100 g	Data Points Std.	Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin C, total ascorbic acid $\frac{1}{2}$	mg	21.8	2		13.2	30.4				1	Analytical or derived from analytical		01/2003
Thiamin 1/2	mg	0.015	2		0.01	0.01				1	Analytical or derived from analytical		01/2003
Riboflavin ¹ _	mg	0.031	2		0.03	0.03				1	Analytical or derived from analytical		01/2003
Niacin 1	mg	0.232	2		0.22	0.24				1	Analytical or derived from analytical		01/2003
Pantothenic acid 1	mg	0.084	2		0.07	0.09				1	Analytical or derived from analytical		01/2003
Vitamin B-6 ¹	mg	0.163	2		0.14	0.18				1	Analytical or derived from analytical		01/2003
Folate, total 1	μg	8	2		7	9				1	Analytical or derived from analytical		01/2003
Folic acid	μg	0									Assumed zero		01/2001
Folate, food	μg	8	2			-					Analytical or derived from analytical		12/2006
Folate, DFE	μg	8									Calculated or imputed		12/2006
Choline, total	mg	7.6									Calculated or imputed	09181	12/2006
Vitamin B-12	μg	0.00									Assumed zero		01/2003

Nutrient	Unit	Value Per100 g	Data Points	d. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin B-12, added	μg	0.00									Assumed zero		09/2004
Vitamin A, RAE ¹	μg	0									Analytical or derived from analytical		01/2003
Retinol	μg	0									Assumed zero		06/2002
Carotene, beta 1	μg	0	2		0	0				1	Analytical or derived from analytical		01/2003
Carotene, alpha 1	μg	0	2		0	0				1	Analytical or derived from analytical		01/2003
Cryptoxanthin, beta 1	μg	0	2		0	0				1	Analytical or derived from analytical		01/2003
Vitamin A, IU 1	IU	0	2		0	0				1	Analytical or derived from analytical		01/2003
Lycopene	μg	0									Calculated or imputed	09181	01/2003
Lutein + zeaxanthin	μg	26									Calculated or imputed	09181	01/2003
Vitamin E (alpha-tocopherol)	mg	0.05									Calculated or imputed	09181	01/2003
Vitamin E, added	mg	0.00									Assumed zero		09/2004
Vitamin D (D2 + D3)	μg	0.0									Assumed zero		11/2008
Vitamin D	IU	0									Assumed zero		02/2009
Vitamin K (phylloquinone)	μg	2.5									Calculated or imputed	09181	01/2003

Lipids

Nutrient	Unit	Value Per100 g	Points Std. En	rror	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fatty acids, total saturated	g	0.025									Calculated or imputed		02/1995
4:0	g	0.000									Calculated or imputed		02/1995
6:0	g	0.000									Calculated or imputed		02/1995
8:0	g	0.000									Calculated or imputed		02/1995
10:0	g	0.000									Calculated or imputed		02/1995
12:0	g	0.001									Calculated or imputed		02/1995
14:0	g	0.001									Calculated or imputed		02/1995
16:0	g	0.021									Calculated or imputed		02/1995
18:0	g	0.002									Calculated or imputed		02/1995
Fatty acids, total monounsaturated	g	0.002									Calculated or imputed		02/1995
16:1 undifferentiated	g	0.000									Calculated or imputed		02/1995
18:1 undifferentiated	g	0.002									Calculated or imputed		02/1995
20:1	g	0.000									Calculated or imputed		02/1995
22:1 undifferentiated	g	0.000									Calculated or imputed		02/1995
Fatty acids, total polyunsaturated	g	0.039									Calculated or imputed		02/1995
18:2 undifferentiated	g	0.017									Calculated or imputed		02/1995
18:3 undifferentiated	g	0.022									Calculated or imputed		02/1995
18:4	g	0.000									Calculated or imputed		02/1995
20:4 undifferentiated	g	0.000									Calculated or imputed		02/1995

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Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
20:5 n-3 (EPA)	g	0.000									Calculated or imputed		02/1995
22:5 n-3 (DPA)	g	0.000									Calculated or imputed		02/1995
22:6 n-3 (DHA)	g	0.000									Calculated or imputed		02/1995
Fatty acids, total trans	g	0.000									Assumed zero		06/2015
Cholesterol	mg	0									Assumed zero		08/1982
Other													
Alcohol, ethyl	g	0.0									Assumed zero		04/1985
Caffeine	mg	0									Assumed zero		01/2003
Theobromine	mg	0									Assumed zero		01/2003

Sources of Data

¹Nutrient Data Laboratory, ARS, USDA Nutrient Analysis of Specialty Fruit Marketed in the United States, 1987 Beltsville MD